November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch/One on One 10:30 Life long Learning or Puzzles 11:30 Light Refreshments 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Art/Jeopardy/Brain games 2:00 Lawn Games	3 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Yoga 10:30 Travelogue 11:30 Art Therapy with Kade 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Word Game 2:30 Light Refreshments	4 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch 10:30 Famous Faces/Ball Toss 11:00 BINGO with Megan 12:00 Walking Groups 12:30 Hearty Lunch 1:30 All About Me/Arts & Crafts 2:30 Light Refreshments	5 8:30 Morning Greet 9:00 Breakfast Club 10:00Morning Stretch/Dance 10:30 Daily Chronicles/Women's Group 11:30 Light Refreshments 12:00 Brain Games/Trivia 12:30 Hearty Lunch 1:30 Music with John 2:30 Music History	6 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch/ Massages 10:30 Baking/Daily Chronicles 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Quiet Space/ Reading/Trivia 2:00 Movie of the Week/Sweets
9 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch/One on One 10:30 Life long Learning or Puzzles 11:30 Light Refreshments 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Art/Jeopardy/Brain games 2:00 Lawn Games	10 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Yoga 10:30 Travelogue 11:30 Art Therapy with Kade 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Word Game 2:30 Light Refreshments	11 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch 10:30 Famous Faces/Ball Toss 11:00 BINGO with Megan 12:00 Walking Groups 12:30 Hearty Lunch 1:30 All About Me/Arts & Crafts 2:30 Light Refreshments	12 8:30 Morning Greet 9:00 Breakfast Club 10:00Morning Stretch/Dance 10:30 Daily Chronicles/Women's Group 11:30 Light Refreshments 12:00 Brain Games/Trivia 12:30 Hearty Lunch 1:30 Music with John 2:30 Music History	13 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch/ Massages 10:30 Baking/Daily Chronicles 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Quiet Space/ Reading/Trivia 2:00 Movie of the Week/Sweets
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23 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch/One on One 10:30 Life long Learning or Puzzles 11:30 Light Refreshments 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Art/Jeopardy/Brain games 2:00 Lawn Games	24 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Yoga 10:30 Travelogue 11:30 Art Therapy with Kade 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Word Game 2:30 Light Refreshments	25 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch 10:30 Famous Faces/Ball Toss 11:00 BINGO with Megan 12:00 Walking Groups 12:30 Hearty Lunch 1:30 All About Me/Arts & Crafts 2:30 Light Refreshments	26 **Day Program** **Closed for Thanksgiving Day Holiday**	27 8:30 Morning Greet 9:00 Breakfast Club 10:00 Morning Stretch/ Massages 10:30 Baking/Daily Chronicles 12:00 In/Outdoor Walking Groups 12:30 Hearty Lunch 1:30 Quiet Space/ Reading/Trivia 2:00 Movie of the Week/Sweets
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Activity Key: Physical, Social, Cognitive, Emotional and Spiritual Rogerson House 434 Jamaica Way, MA.02130 (617)983-2300 Day Program Coordinator arroyo@rogerson.org