

Monday

Tuesday

Wednesday

Thursday

Friday



# May 2026

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|---|--|---|--|---|
|   |  |   |  | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/ Guess The Scent</b><br/>                 10:30-11:30am <b>Baking/Daily Chronicles</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2pm <b>Quiet Space/ Reading/Trivia</b><br/>                 2-3pm <b>Movie or TV Show of the Week/Sweet Treats</b></p> |
| <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Mothers Day Cards</b><br/>                 10:30-11:30am <b>Daily Chronicles</b><br/>                 10:30-11:30am <b>Puzzles</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:00pm <b>Water Colors Art/Jeopardy/Brain games</b><br/>                 2:00-3:00pm <b>Ring toss/Bowling/Ball Toss</b></p>                  | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Yoga/Mens Group</b><br/>                 10:30-11:30am <b>Cinco De Mayo Travelogue</b><br/>                 10:30-11:30am <b>Cinco De Mayo Art</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Trivia/Unscramble Words</b><br/>                 2:30-3pm <b>Connect Four/Scrabble/Wooden Letters</b></p> | <p>8:30-9 Morning Greet<br/>                 9-10 <b>Breakfast Club</b><br/>                 10-10:30 Morning Stretch/Virtual Pedaling<br/>                 10:30-11am <b>Famous Faces/Ball Toss</b><br/>                 11-12pm <b>BINGO</b><br/>                 12-12:30pm <b>Walking Groups</b><br/>                 12:30-1:30 Hearty Lunch<br/>                 1:30-2:30 <b>Daily Chronicles/Arts &amp; Crafts</b><br/>                 2:30-3pm Light Refreshments</p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Dance Moves</b><br/>                 10:30-11:30am <b>Daily Chronicles/Women's Group</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>Brain Games/Trivia</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Music with John</b><br/>                 2:30-3pm <b>Music History</b></p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/ Art of Choice</b><br/>                 10:30-11:30am <b>Baking/Daily Chronicles</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2pm <b>Quiet Space/ Reading/Trivia</b><br/>                 2-3pm <b>Movie or TV Show of the Week/Sweet Treats</b></p>   |
| <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Word Find/Art of choice</b><br/>                 10:30-11:30am <b>Daily Chronicles</b><br/>                 10:30-11:30am <b>Jenga/card Games</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:00pm <b>Oil Pastel Art/Trivia/Brain games</b><br/>                 2:00-3:00pm <b>Golf/Collage Making/Reading Table</b></p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Yoga/Mens Group</b><br/>                 10:30-11:30am <b>Daily Chronicles</b><br/>                 10:30-11:30am <b>Colored Pencil Art/Sing-A-Longs</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Trivia/Unscramble Words</b><br/>                 2:30-3pm <b>Bean Bag games</b></p>                 | <p>8:30-9 Morning Greet<br/>                 9-10 <b>Breakfast Club</b><br/>                 10-10:30 Morning Stretch/Virtual Pedaling<br/>                 10:30-11am <b>Famous Faces/Ball Toss</b><br/>                 11-12pm <b>BINGO</b><br/>                 12-12:30pm <b>Walking Groups</b><br/>                 12:30-1:30 Hearty Lunch<br/>                 1:30-2:30 <b>Daily Chronicles/Arts &amp; Crafts</b><br/>                 2:30-3pm Light Refreshments</p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Dance Moves</b><br/>                 10:30-11:30am <b>Daily Chronicles/Women's Group</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>Brain Games/Trivia</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Music with John</b><br/>                 2:30-3pm <b>Music History</b></p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/ Puzzles</b><br/>                 10:30-11:30am <b>Baking/Daily Chronicles</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2pm <b>Quiet Space/ Reading/Trivia</b><br/>                 2-3pm <b>Movie or TV Show of the Week/Sweet Treats</b></p>         |
| <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Board Games/Mandala</b><br/>                 10:30-11:30am <b>Daily Chronicles</b><br/>                 10:30-11:30am <b>Hand Massages</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:00pm <b>Travelogue/ Coloring Art</b><br/>                 2:00-3:00pm <b>Clay Making/Jewelry Making</b></p>                        | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Yoga/Mens Group</b><br/>                 10:30-11:30am <b>Daily Chronicles</b><br/>                 10:30-11:30am <b>Pasta Art</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Trivia/Unscramble Words</b><br/>                 2:30-3pm <b>Tea Tasting/Poems</b></p>                                    | <p>8:30-9 Morning Greet<br/>                 9-10 <b>Breakfast Club</b><br/>                 10-10:30 Morning Stretch/Virtual Pedaling<br/>                 10:30-11am <b>Famous Faces/Ball Toss</b><br/>                 11-12pm <b>BINGO</b><br/>                 12-12:30pm <b>Walking Groups</b><br/>                 12:30-1:30 Hearty Lunch<br/>                 1:30-2:30 <b>Daily Chronicles/Arts &amp; Crafts</b><br/>                 2:30-3pm Light Refreshments</p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Dance Moves</b><br/>                 10:30-11:30am <b>Daily Chronicles/Women's Group</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>Brain Games/Trivia</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Music with John</b><br/>                 2:30-3pm <b>Music History</b></p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/ Board Games</b><br/>                 10:30-11:30am <b>Baking/Daily Chronicles</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2pm <b>Quiet Space/ Reading/Trivia</b><br/>                 2-3pm <b>Movie or TV Show of the Week/Sweet Treats</b></p>     |
| <p>DAY PROGRAM CLOSED FOR MEMORIAL DAY</p>  | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Yoga/Mens Group</b><br/>                 10:30-11:30am <b>Daily Chronicles</b><br/>                 10:30-11:30am <b>Memorial Day Art</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Trivia/Unscramble Words</b><br/>                 2:30-3pm <b>Connect Four/Scrabble/Wooden Letters</b></p>          | <p>8:30-9 Morning Greet<br/>                 9-10 <b>Breakfast Club</b><br/>                 10-10:30 Morning Stretch/Virtual Pedaling<br/>                 10:30-11am <b>Famous Faces/Ball Toss</b><br/>                 11-12pm <b>BINGO</b><br/>                 12-12:30pm <b>Walking Groups</b><br/>                 12:30-1:30 Hearty Lunch<br/>                 1:30-2:30 <b>Daily Chronicles/Arts &amp; Crafts</b><br/>                 2:30-3pm Light Refreshments</p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/Dance Moves</b><br/>                 10:30-11:30am <b>Daily Chronicles/Women's Group</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>Brain Games/Trivia</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2:30pm <b>Music with John</b><br/>                 2:30-3pm <b>Music History</b></p> | <p>8:30-9am Morning Greet<br/>                 9-10am <b>Breakfast Club</b><br/>                 10-10:30am <b>Morning Stretch/ Balloon Art</b><br/>                 10:30-11:30am <b>Baking/Daily Chronicles</b><br/>                 11:30-12pm Light Refreshments<br/>                 12-12:30pm <b>In/Outdoor Walking Groups</b><br/>                 12:30-1:30pm Hearty Lunch<br/>                 1:30-2pm <b>Quiet Space/ Reading/Trivia</b><br/>                 2-3pm <b>Movie or TV Show of the Week/Sweet Treats</b></p>     |