

Monday

Tuesday

Wednesday

Thursday

Friday

April 2026



8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Board Games/Jewelry Making**
 10:30-11:30am **Daily Chronicles**
 10:30-11:30am **Puzzles**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:00pm **Water Colors Art/Jeopardy/Brain games**
 2:00-3:00pm **Ring toss/Bowling/Ball Toss**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Yoga/Mens Group/Card Making**
 10:30-11:30am **Daily Chronicles**
 10:30-11:30am **No Bake Clay Making Art**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Who?What?Where/When? /Reminisce Group/Unscramble Words**
 2:30-3pm **Connect Four/Scrabble/Wooden Letters**

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8:30-9 Morning Greet
 9-10 **Breakfast Club**
 10-10:30 **Morning Stretch/Virtual Pedaling**
 10:30-11am **Famous Faces/Ball Toss**
 11-12pm **BINGO**
 12-12:30pm **Walking Groups**
 12:30-1:30 Hearty Lunch
 1:30-2:30 **Daily Chronicles/Arts & Crafts**
 2:30-3pm Light Refreshments

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Dance Moves**
 10:30-11:30am **Daily Chronicles/Arts & Crafts**
 11:30-12pm Light Refreshments
 12-12:30pm **Brain Games/Trivia**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Music with John**
 2:30-3pm **Music History**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Stretch with Exercise Balls/Arts & Crafts**
 10:30-11:30am **Baking/Daily Chronicles**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2pm **Quiet Space/ Reading/Trivia**
 2-3pm **Movie or TV Show of the Week/Sweet Treats**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Woodworking/Banana Gram**
 10:30-11:30am **Daily Chronicles**
 10:30-11am **Resin Making Kits**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:00pm **Balloon Art/Finish The Phrase/Book Club**
 2:00-3:00pm **Golf/Ball Toss/Bean Bag Toss**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Pictionary/Virtual pedaling**
 10:30-11:30am **Daily Chronicles**
 10:30-11:30am **Finger Paints**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Guess the Tune /Yoga/Sing-A-Longs**
 2:30-3pm **Poker Games/Ball Toss**

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8:30-9 Morning Greet
 9-10 **Breakfast Club**
 10-10:30 **Morning Stretch/Virtual Pedaling**
 10:30-11am **Famous Faces/Ball Toss**
 11-12pm **BINGO**
 12-12:30pm **Walking Groups**
 12:30-1:30 Hearty Lunch
 1:30-2:30 **Daily Chronicles/Arts & Crafts**
 2:30-3pm Light Refreshments

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Dance Moves**
 10:30-11:30am **Daily Chronicles/Water Colors Art**
 11:30-12pm Light Refreshments
 12-12:30pm **Brain Games/Trivia**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Music with John**
 2:30-3pm **Music History**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Stretch with Exercise Balls/Hand Massages**
 10:30-11:30am **Baking/Daily Chronicles**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2pm **Quiet Space/ Reading/Trivia**
 2-3pm **Movie or TV Show of the Week/Sweet Treats**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Word Finds/Oil Pastels Art**
 10:30-11:30am **Daily Chronicles**
 10:30-11am **Puzzles**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:00pm **Balloon Paddle/Collage Making**
 2:00-3:00pm **Ring toss/Bowling/Ball Toss**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/National Geographic/Newspapers**
 10:30-11:30am **Daily Chronicles**
 10:30-11:30am **Dry Flowers Art**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Canvas Art /Tea Tasting**
 2:30-3pm **Hand Massages/Balloon Toss**

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8:30-9 Morning Greet
 9-10 **Breakfast Club**
 10-10:30 **Morning Stretch/Virtual Pedaling**
 10:30-11am **Famous Faces/Ball Toss**
 11-12pm **BINGO**
 12-12:30pm **Walking Groups**
 12:30-1:30 Hearty Lunch
 1:30-2:30 **Daily Chronicles/Arts & Crafts**
 2:30-3pm Light Refreshments

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Dance Moves**
 10:30-11:30am **Daily Chronicles/Origami**
 11:30-12pm Light Refreshments
 12-12:30pm **Brain Games/Trivia**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Music with John**
 2:30-3pm **Music History**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Stretch with Exercise Balls/Discussion Groups**
 10:30-11:30am **Baking/Daily Chronicles**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2pm **Quiet Space/ Reading/Trivia**
 2-3pm **Movie or TV Show of the Week/Sweet Treats**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Light Yoga/CARD Games**
 10:30-11:30am **Daily Chronicles**
 10:30-11am **Word within a Word**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:00pm **Mandala Art/Travelogue/Magnetic Puzzles**
 2:00-3:00pm **Ball Toss/Karaoke/Paper Mache**

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Puzzles/Crosswords/Color By Numbers**
 10:30-11:30am **Daily Chronicles**
 10:30-11:30am **Acrylic Painting**
 11:30-12pm Light Refreshments
 12-12:30pm **In/Outdoor Walking Groups**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Coffee Hour/Famous Landmarks**
 2:30-3pm **Pick your question/Quiet Reading**

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8:30-9 Morning Greet
 9-10 **Breakfast Club**
 10-10:30 **Morning Stretch/Virtual Pedaling**
 10:30-11am **Famous Faces/Ball Toss**
 11-12pm **BINGO**
 12-12:30pm **Walking Groups**
 12:30-1:30 Hearty Lunch
 1:30-2:30 **Daily Chronicles/Arts & Crafts**
 2:30-3pm Light Refreshments

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8:30-9am Morning Greet
 9-10am **Breakfast Club**
 10-10:30am **Morning Stretch/Dance Moves**
 10:30-11:30am **Daily Chronicles/Tissue Paper Art**
 11:30-12pm Light Refreshments
 12-12:30pm **Brain Games/Trivia**
 12:30-1:30pm Hearty Lunch
 1:30-2:30pm **Music with John**
 2:30-3pm **Music History**

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