



Rogerson House Social Day Program

FIRST-CLASS MEMORY CARE
WHILE LIVING AT HOME





Thrive with Us

Rogerson House offers a vibrant and enriching Social Day Program for those in need of memory support.

Available five days a week, participants enjoy nutritious meals, social activities, and an array of expressive therapy programs. Our experienced team maintains and builds on each participant's physical and mental abilities. These professionals provide personalized assistance, enhance self-confidence, and emphasize life's joys.

The Social Day Program is purposefully designed for the needs of the whole person—social, emotional, physical, cognitive, and spiritual—around clear therapeutic memory care goals.





Your Day at a Glance

Participants in the Rogerson House Social Day Program are greeted warmly by our team upon arrival. The familiar faces of our staff members, who get to know each participant, help create a sense of routine for your loved one.

Beginning with a social coffee hour and light breakfast, participants catch up with friends in the program and ease into the day. Our structured activities begin at 10:00 AM.

Daily programming supports cognitive, physical, social-emotional, and sensory well-being through activities such as:

- Exercise programs, yoga, and creative movement
- Discussion, poetry, or writing groups
- Therapeutic music and art programs
- Gardening in our raised beds or greenhouse
- Walking groups to Jamaica Pond or in our secure, spacious garden area
- Backyard barbecues, birthday parties, and holiday socials
- Creative cooking groups
- Performances by visiting artists

Refreshments are provided throughout the day, and a nutritious lunch is served at 12:30 PM. Programming continues in the afternoon while quiet spaces are available for those who prefer a moment of rest.

The day ends at 3:00 PM when families pick up their loved ones and have the opportunity to check in with our team and meet other families.



Contact us to discuss your
needs or to book a tour!

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