Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
_	ober :		10:15 Garden Club 11:00 Exercise 1:45 Bingo/Jeopardy 2:45 Toss Up! 4:15 Sing-along or Word Game 5:00 Dance Team 6:30 Evening Film Yom Kippur Begins	10:15 Daily Chronicle 11:00 Exercise 11:45 Piano Workshop 1:30 Visual Arts Gp. 3:00 Happy Hourl 4:30 Book Club 6:30 Evening Film	10:15 Daily Chronicle 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical RhymeTim e 4:45 Guided Meditation 6:30 Evening Film	10:15 Daily Chronicle 4 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical Rhyme Time 4:45 Guided Meditation 6:30 Evening Film
10:15 Garden Club 11:00 Exercise 11:45 Religious Service 1:45 Word/Active Game 3:00 Educational	10:15 Garden Club 6 11:00 Exercise 1:45 Walking Group 2:30 Activity Connection 4:15 Culture Corner 6:30 Resident's Choice Film Sukkot Begins	10:15 Daily Chronicle 7 11:00 Exercise/Knitting 11:45 Adapted Sports 12:00 Resident's choice 1:45 Baking Social /1:1 4:00 Men's Group 4:00 Women's Spotlight 5:00 Today's Highlights 6:30 am Evening Film	10:15 Garden Club 11:00 Exercise 1:45 Bingo/Jeopardy 2:45 Toss Up! 4:15 Sing-along or Word Game 5:00 Dance Team 6:30 Evening Program	10:15 Daily Chronicle 11:00 Exercise 11:45 Piano Workshop 1:30 Visual Arts 3:00 Happy Hourl 4:30 Book Club 6:30 Evening Program	10:15 Daily Chronicle 10 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical RhymeTim e 4:45 Guided Meditation 6:30 Evening Film	10:15 Daily Chronicle 1 1 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical Rhyme Time 4:45 Guided Meditation 6:30 Evening Film
10:15 Garden Club 11:00 Exercise 11:45 Religious Service 1:45 Word/Active Game 3:00 Educational	10:15 Garden Club Flowers by Catha 11:00 Tai Chi with Akila 1:45 Walking Group 2:30 Activity Connection 4:15 Culture Corner 6:30 Resident's Choice Film Indigenous Peoples' Day Columbus Day (U.S.)	10:15 Daily Chronicle 10:30 Pastor Daily 11:00 Exercise/Knitting gp 12:00 Resident's choice 1:45 Baking Social /1:1 4:00 Men's Group 4:00 Women's Spotlight 5:00 Today's Highlights 6:30 Evening Program Simchat Torah Begins	10:15 Garden Club 11:00 John Clark Presentation 1:45 Bingo/Jeopardy 2:15 Piano Recital by Michael Leidig 4:15 Sing-along 5:00 Dance Team 6:30 Evening Film	10:15 Daily Chronicle 11:00 Exercise 11:45 Piano Workshop 1:30 Visual Arts Gp. 3:00 Happy Hourl 4:30 Book Club 6:30 Evening Film	17 10:15 Daily Chronicle 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical RhymeTim e 4:45 Guided Meditation 6:30 Evening Film	10:15 Daily Chronicle 11:00 Exercise 11:00 Jewish Discussion group with Beth Levy 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical RhymeTime 4:45 Guided Meditation 6:30 Evening Film
3:00 Educational Activity 4:15 Trivia /Jeopardy 5:00 Word Play 6:30 Evening Program	10:15 Garden Club 11:00 Tai Chi with Akila 1:45 Walking Group 2:30 Activity Connection 4:15 Culture Corner 6:30 Resident's Choice Film	10:15 Daily Chronicle 21 11:00 Exercise/Knitting 11:45 Adapted Sports 12:00 Resident's choice 1:45 Baking Social /1:1 4:00 Men's Group 4:00 Women's Spotlight 5:00 Today's Highlights 6:30 Evening Film	2:45 Toss Up! 4:15 Sing-along or Word Game 5:00 Dance Team 6:30 Evening Program	10:15 Daily Chronicle 11:00 Exercise 11:45 Piano Workshop 1:30 Visual Arts 3:00 Happy Hourl 4:30 Book Club 6:30 Evening Program	12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical RhymeTim e 4:45 Guided Meditation 6:30 Evening Film	10:15 Daily Chronicle 25 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical RhymeTim e 4:45 Guided Meditation 6:30 Evening Film
10:15 Garden Club 26 11:00 Exercise 11:45 Religious Service 1:45 Word/Active Game 3:00 Educational Activity 4:15 Trivia/ Jeopardy 5:00 Word Play 6:30 Evening Film	10:15 Garden Club 11:00 Tai Chi with Akila 1:45 Walking Group 2:30 Activity Connection 4:15 Culture Corner 6:30 Resident's Choice Film	10:15 Daily Chronicle 11:00 Exercise/Knitting 11:45 Adapted Sports 12:00 Resident's choice 1:45 Baking Social /1:1 4:00 Men's Group 4:00 Women's Spotlight 5:00Today's Highlights 6:30 Evening Program	10:15 Garden Club 11:00 Exercise 1:45 Bingo/ Jeopardy 2:45 Toss Up! 4:15 Sing-along or Word Game 5:00 Dance Team 6:30 Evening Film	10:15 Daily Chronicle 11:00 Exercise 11:45 Piano Workshop 1:30 Visual Arts Gp. 3:00 Happy Hourl 4:30 Book Club 6:30 Evening Film	10:15 Daily Chronicle 11:00 Exercise 12:00 Jokes and Trivia 1:45 Halloween Party 4:00 Crossword 6:30 Evening Film Halloween	10:15 Daily Chronicle 11:00 Exercise 12:00 Jokes and Trivia 1:45 Adapted Sports 2:45 Crossword 4:00 Musical Rhyme Time 4:45 Guided Meditation 6:30 Evening Film

Activities Key: Physical impacting physical health & ability Social interaction & engagement Cognitive stimulating mental processes & abilities Emotional emotional well-being expression Spirituality spiritual or existential needs Rogerson House 434 Jamaicaway, Plain, MA 02130(617) 983-2300 Director of Therapeutic Recreation gcasanova@rogerson.org All programs are subject to change, updates & additional programming posted on daily calendar by Sunroom